**附表 AD治疗有效性评估建议时间节点及指标**

Supplementary Table Recommended time points and indexes for assessing the efficacy of AD therapy

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **基线** | **1周** | **2周** | **4周** | **6周** | **8周** | **12周** | **16周** | **6个月** | **9个月** | **1年** |
| **轻度AD** | | | | | | | | | | | |
| **PP-NRS** | √ | √ | √ | √ | √ | √ | √ |  |  |  |  |
| **POEM** | √ | √ | √ | √ | √ | √ | √ |  |  |  |  |
| **EASI或SCORAD** | √ | √ | √ | √ | √ | √ | √ |  |  |  |  |
| **DLQI** | √ | √ | √ | √ | √ | √ | √ |  |  |  |  |
| **ADCT** | √ |  |  |  |  | √ | √ |  |  |  |  |
| **中重度AD** | | | | | | | | | | | |
| **PP-NRS** | √ |  | √ | √ | √ | √ | √ | √ | √ | √ | √ |
| **POEM** | √ |  | √ | √ | √ | √ | √ | √ | √ | √ | √ |
| **EASI或SCORAD** | √ |  | √ | √ |  | √ | √ |  | √ | √ | √ |
| **DLQI** | √ |  | √ | √ | √ | √ | √ | √ | √ | √ | √ |
| **ADCT** | √ |  |  |  |  |  | √ | √ | √ | √ | √ |

注（note）：AD严重程度根据SCORAD评分划分（AD severity classified according to SCORAD score），＜25分为轻度（< 25 classified as mild），25~50分为中度（25 to 50 classified as moderate），＞50分为重度（> 50 classified as severe）；“√”表示在建议时间节点使用相应工具进行评估（"√" indicates that the appropriate tool is used for evaluation at the recommended time points）；AD，特应性皮炎（atopic dermatitis）；PP-NRS，瘙痒峰值数值评定量表（peak pruritus numerical rating scale）；POEM，患者湿疹自我检查评分量表（patient-oriented eczema measure）；EASI，湿疹面积和严重程度指数（eczema area and severity index）；SCORAD，特应性皮炎评分（scoring of atopic dermatitis）；DLQI，皮肤病生活质量指数（dermatology life quality index）；ADCT，特应性皮炎控制工具（atopic dermatitis control tool）。